

# **Physiotherapist**

| Section / Service                 | Kurrajong Therapy Plus  |
|-----------------------------------|---|
| Location:                         | Wagga Wagga   |
| Reporting to:                     | Physiotherapist Supervisor and Manager Kurrajong Therapy Plus |
| Supervises (direct and indirect): | nil   |
| Last reviewed:                    | October 2019  |

**About Kurrajong -** Kurrajong is a voluntary charitable organisation offering a broad range of services to babies, children, young people and adults with disabilities (aged 0-65) and their families. Kurrajong is registered as a provider of National Disability Insurance Scheme (NDIS) services and supports.

Our Vision - To create open, accessible and inclusive communities for all people.

Our Attributes – We care, we are community focused on the needs of people with disability and their families, our services are anchored in the communities we serve, we seek continuous improvement and excellence.

**About the Service** - Kurrajong Therapy Plus provides supports to children, young people and adults with disability and/or complex developmental delays.

Kurrajong Therapy Plus consists of a unique interdisciplinary team of Speech Pathologists, Occupational Therapists, Physiotherapists, Allied Health Assistants, Educators and Aides.

Kurrajong Therapy Plus is a one-stop shop for supporting people with disability and their family with development, inclusive community access, specific therapeutic supports and prescription of specialised equipment.

#### **Position Summary**

The primary role of the Physiotherapist is to enhance children, young people and adult's ability to develop control and co-ordination of muscle movement.

#### **Position Key Responsibilities**

It is expected that the Physiotherapist will perform the following activities:

- Assessment to be responsible for the assessment of neuromotor and musculoskeletal development/abnormalities and to provide appropriate detailed assessment reports ranging from informal play-based assessment to standardised assessment reports.
- Therapy From the assessment data, set relevant, appropriate and specific therapy goals.
- Equipment prescribe and adapt equipment to assist the person develop independence and control of their movement

#### **Position description**

- Family/Person Centred Practice: collaboratively work with families and person to set therapy goals. Share knowledge and skills with the family/carer to build their capacity to implement the ongoing therapy in the home and other natural environments.
- Key Worker provide Key Worker support for allocated clients. Responsible for the coordination of Individual Family Service Plans/Person Centred Plan.
- Teamwork– to participate as an active member of the interdisciplinary team. Conduct information sessions for other team members.
- Communication effectively use written and verbal skills to communicate with all stakeholders.
- Liaise to liaise with other professionals, services and other medical practitioners in relation to the implementation and coordination of programs developed by the family and team.
- Administrative link long-term family/client goals to therapy objectives; complete progress notes on the
  day or by the next business day; complete assessment report and participate in all appropriate
  meetings.
- Consultation to consult with other service providers, e.g. schools, supported accommodation, other disability organisations, to assist in the implementation of programs developed by the Physiotherapist. Participate in clinics, case conferences with client/parent/carer and other relevant service providers.
- Professional Development to attend and participate in relevant professional development workshops and seminars and to keep abreast of current professional issues.
- Supervision to participate in regular supervision with the Supervisor
- Maintain current registration with Physiotherapy Board of Australia
- Other Duties to perform any other service-based duties as directed by the Manager
- Mandatory reporter please refer to Kurrajong Policy 6.14 Child Protection.

The Physiotherapist will focus on the development of motor control. Areas of emphasis include:

| Posture:  | Advice on lifting and moving children.                                   |
|-----------|--|
|           | Corrections of body position.  |
|           | Advice about specialised equipment.                                      |
| Mobility: | Achieving and maintaining the range of movement in individual joints and |
|           | limbs.   |
|           | Assisting the child to develop control and coordination of movements.    |
| Fitness:  | Assisting the child to increase physical fitness and endurance through   |
|           | participation in activities.   |
| Equipment | Casting and Splinting  |
|           | Prescribe and adapt equipment  |

### **Position description**

#### Qualification, Certificates and Licences

- 1. Degree in Physiotherapy
- 2. Current Class C Drivers Licence
- 3. Working with Children Check clearance (or willing to obtain)
- 4. NDIS Worker Screening Check (or willing to obtain before employment)
- 5. Current registration with the Physiotherapy Board of Australia (or eligible for membership)
- 6. Maintain appropriate vaccination status against Covid-19 as defined and mandated by the NSW Government Public Health (COVID-19 Care Services) Order.

### Experience, Skills & Knowledge

- 1. Relevant experience as a Physiotherapist or student placements if a recent graduate
- 2. Ability to prioritise, plan, anticipate risks and problem solve
- 3. Excellent written and verbal communication skills
- 4. Understanding of family centred practice and experience working with people with disabilities and their families
- 5. Ability to implement Work Health and Safety, Risk Management and Quality Assurance requirements

| Risk assessed role requirements in accordance with the NDIS Quality and Safeguarding Standards |
|--|
| NDIS Worker Screening Check  |
| Working with Children Check  |
| NDIS Worker Orientation – Quality, Safety and You  |
|  |

## Signed and Accepted:

Staff Signature: [acceptance\_status] Date: [acceptance\_date]